



MOUNTAIN YOUTH SCHOOL *Mustang Moment*

Thursday, December 13, 2012

Cafeteria Menus



Today - 12/13 (TH)

Lunch

SPAGHETTI & MEAT SAUCE
BREAD STICKS
COLLARDS
GREEN BEANS
BANANAS
PEARS
MILK

Tomorrow - 12/14 (F)

Breakfast

SAUSAGE BISCUIT

Lunch

HOT DOG ON BUN
KETCHUP AND MUSTARD
CRISPY OVEN FRIES
BAKED BEANS
FRESH KIWI
SPICED APPLES
MILK

Student of the Week



Jordan Elkins

For details on the Student of the Week, see page 3.

Daily Attendance

- **Absences:** Brent Ledford, Jeremy Lovingood, Andrew Watts
- **Tardies:** Jordan Elkins, Trae Gaddis, Samuel Kendrick
- **Work Smart:** Courtney Mosley

Student Announcements

- Students, Common Exams conclude tomorrow. Please be quiet in the halls and respectful of the students testing.
- Senior class, do you have any ideas for a fund-raiser to purchase MYS Class of 2013 apparel?
- Make sure to be here on Monday for a special holiday surprise!

Faculty/Staff Information

- Weekly Duty — Cafeteria: Payne; Hallway: Herr
- Senior Exit presentation schedule (subject to change):
 - Brent Ledford: Friday, December 14 at 9:00 AM
 - David Holder: Friday, December 14 at 10:30 AM
 - Jordan Elkins: Monday, December 17 at 9:30 AM
- Per Ms. Maxey: Shepherd of the Mountains Church will provide gift bags for all of our students on Monday, December 17. Remind them to be here.
- Faculty Christmas dinner is at Brother's Willow Ranch Restaurant in Young Harris, GA on Tuesday, December 18 at 7:00 PM. There will be a Chinese Christmas gift exchange; please bring a gift of about \$20 for the game.
- Per Ms. Parker, as advised by Ms. Henry at Central Office, middle school students will get report cards on January 4, and high school students will get theirs on January 15, due to testing.
- Countdown to winter break: 5 days!

Quote of the Day

“Saying nothing ... sometimes says the most.”

– Emily Dickinson

I N T H I S I S S U E :

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Fun idea of the day

This section of the newsletter is dedicated to our students and what they are learning.

Today's idea might be useful at this time of year, when middle and high school students are trying to provide gifts for their friends and family on a limited budget. Budgeting is a skill that is never too early to learn. The Office of the West Virginia State Treasurer has some great free personal finance resources available online for teachers and youth, including the "Budget Game." Download it at:

<http://www.wvsto.com/dept/FinEd/Teachers/Documents/FinalBudgetGame85x11.pdf>



Note: This article was published by Alan Parker in December 2010 on Helium.com, a website where knowledge rules. Find other tips for teens over winter break at <http://www.helium.com/items/2046924-winter-break-tips-for-high-schoolers>.

Winter break survival tips for high school students

Winter break is a time where high school students have the opportunity to have a great time. There's no worry about tests, school, or waking up early, and everything seems like it's going to be great.

Unfortunately, high school students can often slump into a routine of sleeping in late, doing little during the day, and wasting a whole lot of time watching TV and playing video games. For many high school students this is a big problem and though it may be fun for a few days, it can eat up most of your vacation rather quickly. By following these simple tips, you can use your winter break to its max, squeezing every last bit of fun and relaxation out of it:

Plan activities ahead of time

One of the biggest problems during winter break for many high school students is the absence of things to do. If you are a high school student during winter break and you have nothing planned for the day, there is a good chance that you will not do anything that day. Try talking to your friends ahead of time during the school year and plan out some fun activities to do. Then connect with them by either calling, texting, or sending a message on facebook to do something fun such as play a



sport, go to the movies, or just hang out at someone's house.

Do things with friends

By doing things with other people, you are making it more likely that you will create lasting memories that you can treasure and enjoy. Think about your best memories ... how many of them were by yourself? Using Facebook or any other means possible, get your friends out to do things with you, as it will make your vacation a whole lot more enjoyable.

Set a schedule

Often, students start winter break and immediately start staying and sleeping in extremely late. Although this is appealing and is not harmful the first few days, the changing schedule will make your sleep less productive. By having less productive sleep, you are sleeping more than necessary

and not gaining at all from the hours wasted. By creating a schedule, you will feel more rested throughout the day and have more hours to do things you want to do.

Get a job

Sometimes, getting a quick job is a great idea for high school students looking to make an extra buck or two. Depending on where you live, there are a variety of winter break jobs that are good for high school students. First, you could wait tables at local restaurant that are experiencing an influx of people during the winter. Also, you can shovel snow out of peoples' driveways for a small fee. There are plenty of opportunities and if you want a winter break job, you just have to keep your eyes open.

In the end, the trick to having a good winter break is all about knowing your own personality. Are you someone who likes to keep up your studies and make your winter break as productive as possible? Maybe you're someone who likes to spend your time relaxing and lazily soaking up your vacation time? Whatever kind of winter breaker you may be, by finding your own break style and following it, you are sure to have a successful winter break.

NOTE: In an effort to learn more about our students and highlight each student's individuality, the Mustang Moment is beginning a new series that will feature a different student each week. We hope to feature every student who is with us at least 20 school days by the end of the year, beginning with our pending December graduates.

Student of the Week: Jordan Elkins

Birthday: October 16

Birthplace: Murphy, NC

Siblings: Four sisters, one brother

Favorite color: Orange

Favorite food: Chinese

Favorite dessert: Cheesecake

Favorite pastime/hobby: Riding dirt bikes and four-wheelers

Favorite band/group/singer: Haystack, CWB

Favorite sports team: Oklahoma Sooners

Senior Exit Project: Blacksmithing

Plans after graduation: Work, take care of my family

What he wanted to be when he was a kid: A billionaire, because I like money

If he could go anywhere in the world, it would be: Alaska, because I like snow

Something interesting few people know about him: I am related to George Washington somehow

Something he is good at: Football

Role model: My grandpa, because he teaches me lots of stuff

What he considers to be a good role model: Someone who you look up to

If she could describe himself in one word: Awesome

What teachers say about Jordan: "Jordan is a well-rounded young man with a lot of undiscovered potential. He is persistent. When he sets his mind to accomplish something and applies himself, he will achieve great things." – Ms. Herr



Mountain Youth School Common Exam/End of Course Testing

December 11-14, 2012

Course	English IV	Earth Science	ELPS	English III	Phys. Science	English II (EOC)	Geometry	World History	U.S. History
Date	12.11.12	12.11.12	12.11.12	12.12.12	12.12.12	12.13.12	12.13.12	12.13.12	12.13.12
Administrator	Crosby	Dougherty	Scott	Scott	Dougherty	Dougherty	Crosby	Crouch	Dougherty
Location	Dougherty	Crosby	Scott	Scott	Dougherty	Dougherty	Crouch	Crosby	Dougherty
Students	J. Diesz J. Elkins T. Gaddis L. Hamby H. Henson M. Hicks D. Holder B. Ledford K. Morgan K. Morrow C. Mosley D. Riggs K. Rollins R. Stiles E. Whitener	J. Seabolt	C. Armitage K. Morrow CJ Hobson S. Kendrick P. Smith	C. Jones S. Kendrick J. Lovingood C. Phillips T. Thorley	C. Armitage H. Henson S. Hibberts CJ Hobson A. Moore A. Rogers P. Smith	C. Armitage J. Haynes CJ Hobson A. Rogers	J. Anderson J. Fleming C. Jones S. Kendrick A. Moore J. Nelson	S. Hibberts J. Seabolt	J. Elkins J. Haynes M. Hicks D. Holder C. Jones J. Nelson C. Phillips T. Thorley E. Whitener PM

✓ Almost there!

Fall 2012 Master Schedule

Teacher	1 st Period		2 nd Period		3 rd Period		4 th Period	
Dougherty	English IV		English III		English II		English I	
	Julian Diesz Jordan Elkins Trae Gaddis Lindsay Hamby Hailey Henson Megan Hicks David Holder Brent Ledford Kalyn Morgan	Kristen Morrow Courtney Mosley Daniel Riggs Keith Rollins Robbie Stiles Emily Whitener Jeremy Lovingood (R-Eng II) Johnny Anderson (R)	Cody Jones Sam Kendrick Jeremy Lovingood Courtney Mosley (R) Cory Phillips Tommy Thorley		Cody Armitage Jacob Haynes CJ Hobson Amber Rogers			
Crosby	US History		Geography		World History		ELPS	
	Jacob Haynes Cody Jones James Nelson Cory Phillips Tommy Thorley	CJ Hobson (ELPS) Sam Kendrick (ELPS) Amber Rogers (R-WH) Preston Smith (ELPS)	Johnny Anderson Jacob Haynes Brent Ledford Kristen Morrow James Nelson	Justin Seabolt Jordan Elkins (US) Megan Hicks (US) David Holder (US) Emily Whitener (US)	Sydney Hibberts Justin Seabolt Brent Ledford (R) Jordan Elkins (SH)		Cody Armitage Kristen Morrow	
Crouch	Algebra IA		8th		Geometry		ACT Math	
	Cody Armitage (R) Aaron Moore (R) Jon Fleming (Geom)		Trae Gaddis (R) Jon Fleming		Johnny Anderson Cody Jones Sam Kendrick Aaron Moore James Nelson		Johnny Anderson Jeremy Lovingood Julian Diesz Kalyn Morgan Jordan Elkins Courtney Mosley Cory Phillips Daniel Riggs Preston Smith Robbie Stiles Tommy Thorley Brent Ledford	
Worley	Earth Science		Physical Science		Special Topics		Biology	
	Sydney Hibberts (R) Justin Seabolt		Cody Armitage Hailey Henson Sydney Hibberts CJ Hobson	Aaron Moore Amber Rogers Preston Smith	David Holder Jeremy Lovingood Hailey Henson (SH) Emily Whitener (Dig Photo)	Daniel Riggs (Gr. Design) Keith Rollins (Art I) Robbie Stiles (MS Word)	Emily Whitener (Art I) Keith Rollins (Dig Media)	
Payne	MS		MS		MS		MS	
					Jon Fleming		Jon Fleming	
Davenport					Intro T&I		Intro T&I	
			Daniel Riggs (Graphic Design) Keith Rollins (Horticulture) Robbie Stiles (Foods I)		Megan Hicks Kristen Morrow (AS) Courtney Mosley	Cory Phillips (AS) Preston Smith (AS) Tommy Thorley	CJ Hobson David Holder Sam Kendrick Aaron Moore	James Nelson Amber Rogers Justin Seabolt